

Vision and mission for swasthavritta department

The main aim of Ayurveda is divided into two parts: one is the preventive aspect and second is curative aspect. Therefore half of Ayurveda is included in swasthavritta.

Vision—

- To set a bench mark and get globally recognized in preventive and social medicine through principle of Ayurveda.

Mission ---

- To establish a WELLNESS CENTRE with inclusion of diet charts, preventive panchkarma so as to prevent many life style disorders.
- Establishment of YOGA AND NATUROPATHY CENTRE.
- Well-developed post graduate department for starting PG in coming years.
- Active participation of department in national health programs and social activities related with health
- To serve the rural and urban community by spreading awareness and preventive knowledge
- To carry out research and development activity for preventive health.
- Develop sports nutrition and nutraceuticals in Ayurveda.