

Faculty of Indian Medical System
Department of Samhitha Siddhanta
Charaka Samhitha Purvardha

Sl NO.	Topic	Domain	Time (Hours)
1.	Dheerghanjiviteeyam Adhyayam	Must know	7
2.	Apamargatanduliya Adhyayam	Must know	2
3.	Aragvadhiya Adhyayam	Must know	2
4.	Shadvirechanshatashritiya Adhyayam	Desirable to know	2
5.	Matrasitiya Adhyayam	Nice to know	4
6.	Tasyasitiya Adhyayam	Must know	3
7.	Navegaandharaneeya Adhyayam	Must know	3
8.	Indriyopakramaniya Adhyayam	Desirable to know	2
9.	Khuddakachatuspada Adhyayam	Must know	2
10.	Mahacatuspada Adhyayam	Must know	2
11.	Tisraisaniya Adhyayam	Desirable to know	4
12.	Vatakalakaliya Adhyayam	Nice to know	3
13.	Sneha Adhyayam	Must know	4
14.	Sveda Adhyayam	Must know	4
15.	Upakalpaniya Adhyayam	Nice to know	3
16.	Chikitsaprabhritiya Adhyayam	Desirable to know	3
17.	Kiyantah sirasiya Adhyayam	Must know	7
18.	Trisothiya Adhyayam	Must know	4
19.	Astodariya Adhyayam	Desirable to know	2
20.	Maharogadhyaya Adhyayam	Desirable to know	3

21	Astauninditiya Adhyayam	Must know	4
22	Langhanabrmhaniya Adhyayam	Desirable to know	4
23	Santarpaniya Adhyayam	Must know	4
24	Vidhisonitiya Adhyayam	Desirable to know	3
25	Yajjahpurusiya Adhyayam	Must know	3
26	Atreyabhadrakapiya Adhyayam	Desirable to know	3
27	Annapanavidhi Adhyayam	Must know	3
28	Vividhasitapitiya Adhyayam	Nice to know	3
29	Dasapranayataniya Adhyayam	Must know	3
30	Arthedasamahamuliya Adhyayam	Desirable to know	3
31	Jvara Nidana	Must know	4
32	Raktapitta Nidana	Desirable to know	3
33	Gulma Nidana	Must know	3
34	Prameha Nidana	Desirable to know	3
35	Kushta Nidana	Must know	3
36	Sosa Nidana	Nice to know	3
37	Unmada Nidana	Must know	3
38	Apasmara Nidana	Must know	3
39	Rasa Vimana	Desirable to know	5
40	Trividha kuksiya Vimana	Must know	3
41	Janapadodhvamsaniya Vimana	Must know	5
42	Trividha roga visesavijnaniya Vimana	Nice to know	3
43	Sroto Vimana	Must know	3
44	Roganika Vimana	Desirable to know	4

45	Vyadhitarupiya Vimana	Must know	4
46	Rogabhisagjitiya Vimana	Must know	5
47	Katidhapurusiya Sarira	Desirable to know	6
48	Atulyagotriya Sarira	Must know	4
49	Khuddika Garbhavakranti Sarira	Must know	4
50	Mahati Garbhavakranti Sarira	Must know	4
51	Purusavicaya Sarira	Desirable to know	3
52	Sariravicaya Sarira	Nice to know	3
53	Sarirasamkhya Sarira	Desirable to know	3
54	Jatisutriya Sarira	Must know	5
55	Varna Svriya Indriya	Desirable to know	1
56	Puspitaka	Must know	1
57	Parimarsaniya	Desirable to know	1
58	Indriyanika	Must know	1
59	Purvarupiya	Must know	1
60	Katamani Saririya	Desirable to know	1
61	Punnarupiya	Must know	1
62	Avak Sirasiya	Must know	1
63	Tasya Syava Nimittiya	Desirable to know	1
64	Sadyo Maraniya	Must know	1
65	Anu Jyotiya	Must know	1
66	Gomaya Curniya	Nice to know	1
			200

CURRICULUM PLANNING

Sl NO.	Topic	Learning objectives (At the end of the session the student should be able to)	Teaching Guidelines	Methodology	Time (Hours)
1.	Dheerghanjiviteeyam Adhyayam	Define ayurveda, Tell the avataram explain basics of Ayurveda , Classify the sutras, To know the basic concepts	Aim of life, Ayurveda avataram, all basic sutras,	Didactic Power point Presentati on SIS	7
2.	Apamargatanduliya Adhyayam	Explain the importance of Apamarga and its products	Apamarga, its various preparation and its importance	Didactic Power point Presentati on	2
3.	Aragvadiya Adhyayam	Explain the importance of Apamarga and its products	Aragvadha, its various preparation and its importance	Didactic Power point Presentati on	2
4.	Shadvirechanshatashritiya Adhyayam	Group the drugs into 50 groups, with the names of 10 drugs in each group	50 groups of drugs	Didactic Power point Presentati on SIS	2
5.	Matrasitiya Adhyayam	To know the daily regiments and its importance in the maintenance of health, their indication and contraindications	Daily regimens, its role in maintenance of health	Didactic Power point Presentati on Students Seminar	4
6.	Tasyasitiya Adhyayam	To know the Seasonal regiments and its importance in the maintenance of health. Know the purificatory therapies to be done in each season and indication and contraindications of each season	Seasonal regiments and its importance in the maintenance of health. Purificatory therapies to be done in each season, indication and contraindications of each season	Didactic Power point Presentati on Group discussion	3

7.	Navegaandharaneeya Adhyayam	To know the urges which are not to be controlled, if controlled the disease which arise and their management To know the urges of mind that must be controlled	urges which are not to be controlled, the disease which arise and their management urges of mind that must be controlled	Didactic Power point Presentati on Group discussion	3
8.	Indriyopakramaniya Adhyayam	Know the Importance of sense organs, their improper and proper managements	Sense organs its importance , disease and its management	Didactic Power point Presentati on	2
9.	Khuddakachatuspada Adhyayam	To know the qualities of four quadrants of treatment	Four quadrants of treatment	Didactic Power point Presentati on Students Seminar	2
10.	Mahacatuspada Adhyayam	To know the qualities of four quadrants of treatment in detail	four quadrants of treatment in detail	Didactic Power point Presentati on Case presentati on	2
11.	Tisraisaniya Adhyayam	To know the three desire of life	Three desires of life	Didactic Power point Presentati on	4
12.	Vatakalakaliya Adhyayam	To know the qualities of vata, its proper and improper actions	Qualities and vata, its abnormality and its effect on the world	Didactic Power point Presentati on	3
13.	Sneha Adhyayam	To know the different types of oleation therapies, internal and external. How to prepare the patient for oleation and post therapy, 24 types of yavagu	Different types of oleation therapy, indications, contra indications. 24 types of yavagu kalpana	Didactic Power point Presentati on Students seminar	4
14.	Sveda Adhyayam	To know the different types of psudation therapies,	Different types of psudation therapies,	Didactic Power	4

		internal and external. How to prepare the patient for psudation and post therapy,	internal and external. Pre and Post psudation therapy,	point Presentati on Students seminar	
15.	Upakalpaniya Adhyayam	Knowledge on different sub therapies, medicines used for therapies, preparation of medicines, different preparation	Different therapies, preparation of medicines for therapies	Didactic Power point Presentati on	3
16.	Chikitsaprabhritiya Adhyayam	define good physician, identify signs proper, excess and improperly done purificatory therapies symptoms of excessively done therapies	good physician, signs proper, excess and improperly done purificatory. therapies done in excess	Didactic Power point Presentati on SIS	3
17.	Kiyantah sirasiya Adhyayam	Identify the etiology, symptoms of different types of disease of head and heart. Know the lakshanas and identify the decrease in dosha and dhatu Etiopatholgy of madhumeha its complications. Should know the dosha gati	Etiology, symptoms of disease of head and heart. lakshanas of the decrease in dosha and dhatu Etiopatholgy of madhumeha its complications. dosha gati	Didactic Power point Presentati on Group Discussio n	7
18.	Trisothiya Adhyayam	Identify the different types of sotha along with its etiology and symptomatology, differentiate between nija and agantu vikara, Knowledge of dosha prakruta karma their vridhi and kshaya	Types, etiology, lakshanas , prognosis of sotha, nija and agantu dosas, prakruta dosha karma, increase and decrease	Didactic Power point Presentati on Problem Based Learning	4
19.	Astodariya Adhyayam	Should be able to subclassify the 48 main disease	48 different disease and their classification	Didactic Power point Presentati on Case Presentati on	2

20.	Maharogadhyaya Adhyayam	Classiy disease on the basis of prognosis, identify the disease associated with them, the seats of doshas Name and identify the 80 40 and 20 disease of vata, pitta and kapha, their treatment and mode of action of the therapy	Classification of disease on the basis of prognosis, associated diseases, sthanas of dosha, nanatmaja vikara and their treatment	Didactic Power point Presentati on	3
21.	Astauninditiya Adhyayam	Know about ashta nindita, the cause , signs and pathology of obesity and emaciation. Classify the sleep and its physiology	Ashta nindita purusha, sthoulya and karshya etiopathology and its treatment, types of sleep and its physiology	Didactic Power point Presentati on Group Discussio n	4
22.	Langhanabrmhaniya Adhyayam	Classify the shad karmas with their definition, indication, signa and symptoms of proper karma and ati yoga	Shad karmas, samyak and ati yoga	Didactic Power point Presentati on Case Presentati on	4
23.	Santarpaniya Adhyayam	Identify and classify the santarpanajanya and apatarpanajanya vyadhi and their treatment	Santarpana and apatarpanajanya vikara and their treatment	Didactic Power point Presentati on Case Presentati on	4
24.	Vidhisonitiya Adhyayam	Able to identify the lakshanas of shudha rakta, and person with shudha rakta, Where to do to venesection, where it is contraindicated.quantity of blood letting	Shudha rakta lakshana, shudha rakta purusha lakshana, indications and contraindications of venesection	Didactic Power point Presentati on Group Discussio n	3
25.	Yajjahpurusiya Adhyayam	Should know the cause of disease and misery according to different acharyas, wholesome and unwholesome food, pathya,	Cause of disease, hita ahita ahara, pathya, agrayaushadas, asava	Didactic Power point Presentati on	3

		Should know the best drug for each condition, knowledge on different asavas		SIS Poster Presentati on	
26	Atreyabhadrakapiya Adhyayam	Classify the different number of rasa according acharya and virya, properties of panchamaabhutas, Pharmacodynamics of drugs, knowledge on the effects of rasa, anurasa, prabhava etc of dravys, Properties of shad rasas, Define virudha along with its treatment	Number os rasa, virya, vipaka, prabhava and their importance, properties of shad rasas, virudha ahara	Didactic Power point Presentati on Group Discussio n	3
27	Annapanavidhi Adhyayam	Classify various food and drinks, their properties and effects	Ahara varga	Didactic Power point Presentati on Poster Presentati on	3
28	Vividhasitapiya Adhyayam	Effect of food on body, formation of dhatu, poshana of body according to various nyayas, disease caused in various dhatus, malas and indriyas, what happens to doshas in latent phase and how to bring them back	Food and its effect, dhatus and their disease, dosha gati	Didactic Power point Presentati on SIS	3
29	Dasapranayataniya Adhyayam	To know the importance of ten suppositories of life, able to identify good and bad physicians	Dasha pranayathanas, good and bad physicians	Didactic Power point Presentati on	3
30	Arthedasamahamuliya Adhyayam	Heart and its importance, vessels attached to the heart, importance of ojas , define ayu and ayurveda, scope of ayurveda, its source, lakshanas of good and bad life, ashtangas of ayurveda, role of ayurveda,	Ten vessels of heart, ojas and its sthanas, deifinition, importance, scope, divisions of ayurveda. Sthanas and chapters in charaka samhitha	Didactic Power point Presentati on	3

		Various sthanas and their chapters			
31.	Jvara Nidana	Able to know the panchalakshana nidana, Nidana , purvarupa, rupa, upasaya of jvara and able to classify jvara according to its symptoms	Five factors of diagnosis, fever its types, cause and symptoms	Didactic Power point Presentation Case Presentation SIS	4
32.	Raktapitta Nidana	Derive the name of the disease with reason, its cause, purvarupa, rupa, complications if not treated properly, associated disease and line of treatment of raktapitta	Etiology, premonitory symptoms, complications, of rakta pitta	Didactic Power point Presentation Case Presentation	3
33.	Gulma Nidana	Derive the name of the disease with reason, its cause, purvarupa, rupa, complications if not treated properly, associated disease and line of treatment of Gulma	Etiology, premonitory symptoms, complications, of guma	Didactic Power point Presentation Case Presentation	3
34.	Prameha Nidana	Derive the name of the disease with reason, its cause, purvarupa, rupa, complications if not treated properly, associated disease and line of treatment of Prameha	Etiology, premonitory symptoms, complications, of prameha	Didactic Power point Presentation Case Presentation	3
35.	Kushta Nidana	Derive the name of the disease with reason, its cause, purvarupa, rupa, complications if not treated properly, associated disease and line of treatment of Kushta	Etiology, premonitory symptoms, complications, of kushta	Didactic Power point Presentation Case Presentation	3
36.	Sosa Nidana	Derive the name of the disease with reason, its cause, purvarupa, rupa,	Etiology, premonitory symptoms,	Didactic Power point	3

		complications if not treated properly, associated disease and line of treatment of Sosha	complications, of sosha	Presentati on Case Presentati on	
37.	Unmada Nidana	Derive the name of the disease with reason, its cause, purvarupa, rupa, complications if not treated properly, associated disease and line of treatment of Unmada	Etiology, premonitory symptoms, complications, of unmada	Didactic Power point Presentati on Case Presentati on	3
38.	Apasmara Nidana	Derive the name of the disease with reason, its cause, purvarupa, rupa, complications if not treated properly, associated disease and line of treatment of Apasmara	Etiology, premonitory symptoms, complications, of apasmara	Didactic Power point Presentati on Case Presentati on SIS	3
39.	Rasa Vimana	Know Scope of vimana sthana, nature of rasa and drugs Knowledge on trivarjaneeya and complications if not followed, ashta ahara vidhi visesha ayatanas	Specific nature of rasa and drugs, trivarjaneeya, ashta ahara vidhi visesha ayatanas	Didactic Power point Presentati on SIS	5
40.	Trividha kuksiya Vimana	Divisions of stomach order of eating, importance of quantity of food and if not followe the disease occurring like, alasaka, visucika, amapradosha and able to manage them	Final outcome of food, proper and improper quantity of food and disease due to improper quantity of food	Didactic Power point Presentati on Group Discussio n	3
41.	Janapadodhvamsaniya Vimana	Knowledge on various factors causing epidemics, their features, source. Identify timely and untimely death, Need for selection of proper medicine and treatment	Epidemics feature and management, death , selection of therapy, patients to be avoided	Didactic Power point Presentati on Group Discussio n	5

42.	Trividha roga visesavijnaniya Vimana	Know the three methods of determination of all types of diseases	three methods of determination of all types of diseases	Didactic Power point Presentati on Group Discussio n	3
43.	Sroto Vimana	Determine the characteristic features of channels, their origin, general symptoms of vitiation, names of the channels, cause of vitiation of each channel	Features of channels, their origin, general symptoms of vitiation, names of the channels, cause of vitiation of each channel	Didactic Power point Presentati on Students Seminar	3
44.	Roganika Vimana	Categorize the disease, the nature of roga and dosha, classify agni, prakruti And line of treatment of prakruti	Categorization of disease, doshas, aggravation of dosha causes, agni, prakruti and treatment of each prakruti	Didactic Power point Presentati on SIS	4
45.	Vyadhitarupiya Vimana	Able to identify the type of patient, physician . know the etiological factors and symptoms and classify the parasite and to manage them with various preparations	Types of patient, physician, parasites classification and etiology and their management	Didactic Power point Presentati on SIS	4
46.	Rogabhisagjitiya Vimana	Able to select a good book, teacher and behave properly with guru and other students, knowledge on seminar the 44 terms used in seminars, how to examine and other scientific terminologies used and should know various drugs used for various treatment procedures	Tantra guna, guru lakshanas, methods to obtain knowledge, student teacher behavior and relationship, arguments in seminar, queries about examination, drugs used	Didactic Power point Presentati on Group Discussio n SIS	5
47.	Katidhapurusiya Sarira	Has to know Purusha and various theories on purusha, athma, manas, indriyas, srishti and pralaya, desires and miseries, pragyaparahda, timely death, kaalaja, karmaja	Purusha and various theories on purusha, athma, manas, indriyas, srishti and pralaya, desires and miseries, pragyaparahda,	Didactic Power point Presentati on Group Discussio	6

		vyadhi and treatment, yoga, yogin, moksha,	timely death, kaalaja, karmaja vyadhi and treatment, yoga, yogin, moksha,	n	
48.	Atulyagotriya Sarira	Identify the Conception, determine the sex, disease and their cause and continuity in life, rtuja roga and its prevention , svasthya rakshana	Conception, sex determination, disease and their cause and continuity in life, rtuja roga and its prevention , svasthya rakshana	Didactic Power point Presentati on SIS	4
49.	Khuddika Garbhavakranti Sarira	Able to identify and explain the Factors responsible for the formation, growth and delivery of embryo, nature of athma	Factors responsible for the formation, growth and delivery of embryo, nature of athma	Didactic Power point Presentati on Students Seminar	4
50.	Mahati Garbhavakranti Sarira	Able to explain the masanumasika vridhi of garbha, various factors responsible for deformity in male and female fetus, doshas of mind and body and knowledge on various types of individuals based on mano doshas	Garbha, masanumasika vridhi, causes of deformity in fetus, dosas of body and mind, types of individuals	Didactic Power point Presentati on SIS	4
51.	Purusavicaya Sarira	Should know the similarity between loka and purusha and its effects on humans, moksha and its ways	Loka purusha siddhanta, liberation of bondage, moksha	Didactic Power point Presentati on	3
52.	Sariravicaya Sarira	Composition of Sarira , how to maintain dhatu saamya through food and vihara, factors which help growth and strength	Sarira , maintenance of dhatu saamya through food and vihara, factors which help growth and strength	Didactic Power point Presentati on Group Discussio n	3
53.	Sarirasamkhya Sarira	Knowledge on various anga pratyanga of body and its baoutika composition. Skin and its layers	Layers of skin, nuber of various organs and parts anga pratyanga,	Didactic Power point Presentati on	3

54.	Jatisutriya Sarira	Knowledge of Pumsavana, maintenance of pregnancy, injurious to pregnancy, miscarriage and abortion, garbini carya, maternity home, delivery and its management,navajata sishu paricarya, examination of the child, naming ceremony. Breast feeding and wet nurse	Pumsavana, maintenance of pregnancy, injurious to pregnancy, miscarriage and abortion, garbini carya, maternity home, delivery and its management,navajata sishu paricarya, examination of the child, naming ceremony. Breast feeding and wet nurse	Didactic Power point Presentation on SIS	5
55.	Varna Svariya Indriya	To know and identify the signs of death through complexion and voice	Various types of morbidity pertaining to complexion and voice	Didactic Power point Presentation on Problem Based Learning	1
56.	Puspitaka	To know and identify the signs of death through taste and smell in his body	Various types of morbidity pertaining to taste and smell in his body	Didactic Power point Presentation on Problem Based Learning	1
57.	Parimarsaniya	To know and identify the signs of death through tactual factors	Various types of morbidity pertaining to tactual factors	Didactic Power point Presentation on Problem Based Learning	1
58.	Indriyanika	To know and identify the signs of death through characteristic features of sense organs	Various types of morbidity pertaining to characteristic features of sense organs	Didactic Power point Presentation on Problem	1

				Based Learning	
59.	Purvarupiya	To know and identify the signs of death through his dreams	Various types of morbidity pertaining to dreams	Didactic Power point Presentati on Problem Based Learning	1
60.	Katamani Saririya	To know and identify the signs of death through physical features of patients	Various types of morbidity pertaining to physical features of patients	Didactic Power point Presentati on Problem Based Learning	1
61.	Punnarupiya	To know and identify the signs of death through shadow	Various types of morbidity pertaining to shadow	Didactic Power point Presentati on Problem Based Learning	1
62.	Avak Sirasiya	To know and identify the signs of death through distortion of shadow	Various types of morbidity pertaining to distortion of shadow	Didactic Power point Presentati on Problem Based Learning	1
63.	Tasya Syava Nimittiya	To know and identify the signs of death through eye colour etc	Various types of morbidity pertaining to eye colour etc	Didactic Power point Presentati on Problem Based Learning	1
64.	Sadyo Maraniya	To know and identify the signs of death through factors which indicate to	Various types of morbidity pertaining to immediate death	Didactic Power point Presentati	1

		immediate death		on Problem Based Learning	
65.	Anu Jyotiya	To know and identify the signs of death through diminution of body heat	Various types of morbidity pertaining to diminution of body heat	Didactic Power point Presentation on Problem Based Learning	1
66.	Gomaya Curniya	To know and identify the signs of death through appearance of gomaya in head	Various types of morbidity pertaining appearance of gomaya in head	Didactic Power point Presentation on Problem Based Learning	1
					200

Reference Books

1. Charakasamhita –Ayurveda Dipika commentary by Chakrapani.
2. Charakasamhita (Hindi Commentary): Vaidya Jayadev Vidyalkar or Vd. Atridev Vidyalkar or Prof. Gorakha Nath Chaturvedi & Kashinath Shastri or Dr. Brahmanand Tripathy or Dr. Ravi Dutta Tripathy
3. Charakasamhita (English Commentary): Dr. Ram Karan Sharma & Vd. Bhagwan Dash or Acharya Priyavrata Sharma.
4. Charakasamhita-Ayurveda Dipika Commentary-Hindi Translation by Dr. B L Gaur, published by Rashtriya Ayurved Vidyapeeth.

Note:

Theory – one paper – 100 mrks

Practical – 50 Marks Viva

Lectures – 200 hrs

Part A – 50 mrks – Sl.No1-30& 55-66

Pat B - 50 mrks – Sl No 31- 54

